

Short chain fatty acids as key mediators in counteracting hypoxia dependent stress in neuronal cells

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Over the last years interest in the gut-brain connection has constantly increased, resulting in a growing attention in the yet unclear molecular mechanisms which underlie the beneficial effects of probiotics supplementation on the host health.

In this context a bidirectional relationship between hypoxia inducible factor (HIF) and the gut microbial population has been discovered. The presence of hypoxia, through the activation of HIF, is able to affect the gut microbiota composition and, on the other hand, the microbial community has been proven to modulate both the effects and the levels of HIF in *in vitro* and *in vivo* experiments [1]. In an Alzheimer's disease (AD) mouse model the administration of a probiotic formulation (SLAB51®), which strategically shifted gut microbiota composition, was able to restore cerebral HIF levels, through the reduction of prolyl hydroxylase 2 (PHD2), an enzyme involved in HIF degradation [2]. Moreover, HIF levels increased in a dose-dependent manner in human intestinal cells treated with SLAB51® lysate [3]. These findings suggest that probiotics play a role in the organism response to hypoxia being direct inducers of HIF accumulation.

Given the ability of bacteria and their metabolites to induce hypoxia it is reasonable to think that bioactive molecules that are able to pass the intestinal barrier can exert their actions in different sites, modulating HIF and subsequent downstream pathways. Among the small bioactive molecules that can pass the intestinal barrier and enter the circulation we can find different bacterial metabolites. Some of them, at given concentrations have been proven to be beneficial, and in some cases even neuroprotective [4]. In this context, great importance is given to short-chain fatty acids (SCFAs), bacterial metabolites that are able to decrease inflammation, restore insulin sensitivity and protect neurons from a series of chemical injuries [4,5].

These findings led to the idea of investigating the effects of selected bacterial metabolites on human neuronal cells in the presence of a hypoxic stimulus. In our study the SH-SY5Y cell line was challenged with cobalt chloride (CoCl₂), a known hypoxia and HIF inducer [6]. 24 hours prior to the induction of hypoxia, cells were pre-treated with two metabolites: sodium butyrate and sodium acetate to evaluate the effects of these molecules on HIF levels and hypoxia affected pathways. The metabolites were administered both alone or in combination, at two concentrations, and butyrate resulted as the most effective in counteracting hypoxia-dependent stress, involving a decrease in inflammatory markers and an increase in sirtuin-1 levels.

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